Pine Forest-way karate and Columbia Parks & Recreation Proudly present the 13th annual

## Columbia Cup Open Karate Tournament

**SATURDAY, SEPT. 28, 2019** 

ARMORY SPORTS CENTER, 701 E. ASH ST.

Forms, Sparring & Weapons

Light Competition

All Ages and Belt Ranks Welcome

Trophies Awarded 1st thru 5th Place Grand Champion Trophy Black Belt Cash Award

Registration - 8:00 am Competition - 10:00 am

- Pre-Registration: \$40 (by Wed, Sept 26th)
- Registration at door: \$45
- Admission: \$5 (ages 5 & under free)

FORMS	SPARRING

5 & under	Beg/Adv	5 & under	Beg/Adv
6-7 & under	Beg/Adv	6-7 & under	Beg/Adv
8-9	Beg/Int/Adv	8-9	Beg/Int/Adv
10-12	Beg/Int/Adv	10-12	Beg/Int/Adv
Jr. Female 13-15	Beg/Int/Adv	Jr. Female 13-15	Beg/Int/Adv
Jr. Male 13-15	Beg/Int/Adv	Jr. Male 13-15	Beg/Int/Adv
Jr. Female 16-17	Beg/Int/Adv	Jr. Female 16-17	Beg/Int/Adv
Jr. Male 16-17	Beg/Int/Adv	Jr. Male 16-17	Beg/Int/Adv
Women 18-34	Beg/Int/Adv/Black	Women 18-34	Beg/Int/Adv/Black
Men 18-34	Beg/Int/Adv/Black	Men 18-34	Beg/Int/Adv/Black
Seniors 35-45	Beg/Int/Adv/Black	Seniors 35-45	Beg/Int/Adv/Black
Exec. Seniors 46+	Beg/Int/Adv/Black	Exec. Seniors 46+	Beg/Int/Adv/Black

WEAPONS Kids 16 & under (under BB) – Adult (under BB) and Black Belt

\* The tournament director holds the right to combine or alter any division to promote fair and equal competition.

FOR ADDITIONAL INFORMATION CONTACT:





## Please be familiar with our rules

- All foot techniques to a legal target area awarded two points.
  - ♦ All hand techniques are awarded one point
  - ♦ Matches are five points or two minutes running time, in the case of a tie, the next point wins.
- Point areas are: chest, stomach, side of body and head gear area.
  - ♦ No face contact under adult brown belt
  - ♦ No groin contact
  - ♦ No ground fighting
- Minus points awarded for: face contact, accumulation of two warnings, accidental heavy contact.
- Disqualification for: malicious attacks, two minus points, unsportsmanlike conduct, disrespect to officials, excessive contact or causing swelling or bleeding of opponent.

**Important Notice:** Martial Arts is a contact sport with a degree of risk or injury. All participants must agree to assume that risk.

Pre-Register by Wednesday, September 25<sup>th</sup>: Cash, check, money order or MasterCard/Visa accepted at P&R offices.

ATTN: Columbia Karate Tournament 1 South 7<sup>th</sup> St.

P.O. Box 6015

Columbia, MO 65205

Phone: (573) 874-7460 Fax: (573) 874-7640

To register online or find registration forms, visit: www.gocolumbiamo.com

## Checks and Money Orders are to be made out to: COLUMBIA'S PARKS & RECREATION

Only cash, check or money order accepted at tournament site  Directions to the Armory Sports Center: From I-70 take the Providence Exit. Go south & turn left on Ash.				
Columbia Cup Karate Tournament Registration Form:	Please keep top portion of this form for in	nformational purposes		
Division:				
Name:	Phone:			
Home Address:	E-Mail:			
City/State:	Zip:			
Birth Date: Age: 0	Gender:			
Style:	Rank:			
Karate School:	Phone:			
Instructor:				
Karate School Address:	City/State:	Zip:		
I, the undersigned do hereby voluntarily submit my application for attendance and participation in the Columbia's Parks & Recreation's Columbia Cup Karate Tournament held at the Armory Sports Center, September 30, 2017 and hereby assume all foregoing risks and accept personal responsibility for any and all damages, injuries or losses that I may sustain or incur while attending or participating and do hereby release, waive and discharge all claims against Ray Walker, Will Wilkerson and Columbia's Parks & Recreation for any claim for injuries that may be sustained. I consent that any photographs taken of me or my child at this tournament can be used for publicity and promotional purposes, and I waive compensation regard thereto.  ******** Send registration form with check or money order for \$40 to Columbia's Parks & Recreation*******  \$45 registration at the door				
Participant SIGNATURE if older than the age of 19		Date		