COMO Karate and Columbia Parks & Recreation Proudly present the 14th annual

Columbia Cup Open Karate Tournament

SATURDAY, SEPT. 19, 2020

ARMORY SPORTS CENTER, 701 E. ASH ST.

Forms, Sparring & Weapons

Light Competition

All Ages and Belt **Ranks** Welcome

Medals Awarded 1st thru 5th Place 4 Grand Champion Trophies Black Belt Cash Award

Registration - 8:00 am Competition - 10:00 am

- Pre-Registration: \$40 (by Wed, Sept 23th)
- Registration at door: \$45
- Admission: \$5 (ages 5 & under free)

FORMS

5 & under 6-7 & under 8-9 10-12 Jr. Female 13-15 Ir. Male 13-15 Jr. Female 16-17 Ir. Male 16-17 Women 18-34 Men 18-34 Seniors 35-45 Exec. Seniors 46+

Beg/Adv Beg/Adv Beg/Int/Adv Beg/Int/Adv Beg/Int/Adv Beg/Int/Adv Beg/Int/Adv Beg/Int/Adv Beg/Int/Adv/Black

Beg/Int/Adv/Black Beg/Int/Adv/Black Beg/Int/Adv/Black

SPARRING

5 & under

	-)/
6-7 & under	Beg/Adv
8-9	Beg/Int/Adv
10-12	Beg/Int/Adv
Jr. Female 13-15	Beg/Int/Adv
Jr. Male 13-15	Beg/Int/Adv
Jr. Female 16-17	Beg/Int/Adv
Jr. Male 16-17	Beg/Int/Adv
Women 18-34	Beg/Int/Adv/Black
Men 18-34	Beg/Int/Adv/Black
Seniors 35-45	Beg/Int/Adv/Black
Exec. Seniors 46+	Beg/Int/Adv/Black

Beg/Adv

WEAPONS Kids 16 & under (under BB) – Adult (under BB) and Black Belt

* The tournament director holds the right to combine or alter any division to promote fair and equal competition.

FOR ADDITIONAL INFORMATION CONTACT:

Sensei Ray Walker, Tournament Director: (573) 424-3368 rwalker@amfam.com

Sensei Will Wilkerson, Honorary Director

Columbia's Parks & Recreation, (573) 874-7460 1 South 7th Street





Please be familiar with our rules

- All foot techniques to a legal target area awarded two points.
 - ♦ All hand techniques are awarded one point
 - Matches are five points or two minutes running time, in the case of a tie, the next point wins.
- Point areas are: chest, stomach, side of body and head gear area.
 - No face contact under adult brown belt
 - ♦ No groin contact
 - No ground fighting
- Minus points awarded for: face contact, accumulation of two warnings, accidental heavy contact.
- Disqualification for: malicious attacks, two minus points, unsportsmanlike conduct, disrespect to
 officials, excessive contact or causing swelling or bleeding of opponent.

Important Notice: Martial Arts is a contact sport with a degree of risk or injury. All participants must agree to assume that risk.

Pre-Register by Wednesday, September 16th: Cash, check, money order or MasterCard/Visa accepted at P&R offices. ATTN: Columbia Karate Tournament 1 South 7th St. P.O. Box 6015 Columbia, MO 65205 Phone: (573) 874-7460 Fax: (573) 874-7640 To register online or find registration forms, visit: www.gocolumbiamo.com

Checks and Money Orders are to be made out to: COLUMBIA'S PARKS & RECREATION

Only cash, check or money order accepted at tournament site

Directions to the Armory Sports Center: From I-70 take the Providence Exit. Go south & turn left on Ash.

Columbia Cup Karate Tournament Registration Form: Please keep top portion of this form for informational purposes

Division:					
Name:			Phone:		
Home Address:			E-Mail:		
City/State:				_ Zip:	
Birth Date:	Age:	Gender:			
Style:		Rank:			
Karate School:	Phone:				
Instructor:					
Karate School Address:		City/S	tate:		Zip:

I, the undersigned do hereby voluntarily submit my application for attendance and participation in the Columbia's Parks & Recreation's Columbia Cup Karate Tournament held at the Armory Sports Center, September 30, 2017 and hereby assume all foregoing risks and accept personal responsibility for any and all damages, injuries or losses that I may sustain or incur while attending or participating and do hereby release, waive and discharge all claims against Ray Walker, Will Wilkerson and Columbia's Parks & Recreation for any claim for injuries that may be sustained. I consent that any photographs taken of me or my child at this tournament can be used for publicity and promotional purposes, and I waive compensation regard thereto.

****** Send registration form with check or money order for \$40 to Columbia's Parks & Recreation****** \$45 registration at the door

Participant SIGNATURE if older than the age of 19

Date